



Professional Training Programme UK & Ireland

BRAIN GYM® MOVEMENT FACILITATOR: Professional Level 1

Qualified to: Teach the Brain Gym® movements to groups and individuals

Brain Gym® Movement Facilitator Training Programme			
Courses & hours: total hours 156			
<ul style="list-style-type: none"> • Brain Gym® 101 	<ul style="list-style-type: none"> • Optimal Brain Organisation 	<ul style="list-style-type: none"> • Sensory Development module - online/home study 	<ul style="list-style-type: none"> • Brain Gym® Movement Facilitator Accreditation Course
<ul style="list-style-type: none"> • Class hours 32 • Home study hours 31 • No pre-requisite 	<ul style="list-style-type: none"> • Class hours 21 • Home study hours 18 • Pre-requisite: Brain Gym 101 	<ul style="list-style-type: none"> • Home study + assessment hours 30 • Can complete before or after Brain Gym 101 or take as a standalone module 	<ul style="list-style-type: none"> • 3 day review & assessment • Class hours 24 • Pre-requisite: complete BG101, OBO, Sensory module + all home study
Professional qualification requirement			
<ul style="list-style-type: none"> • Adult teaching qualification, eg PTTLS or CTTLs (applies only if working in the UK and teaching activities professionally) and insurance 			
Completion of Brain Gym® Movement Facilitator qualification			
<ul style="list-style-type: none"> • Sub-licence with the Educational Kinesiology Trust 	<ul style="list-style-type: none"> • Certificate of Qualification 	<ul style="list-style-type: none"> • Professional Member of the Educational Kinesiology Trust 	<ul style="list-style-type: none"> • Continuing Professional Development

EDUCATIONAL KINESIOLOGY CONSULTANT: Professional Level 2

Qualified to: Deliver one-to-one sessions, Brain Gym talks and short seminars

Educational Kinesiology Consultant Training Programme				
Courses & hours: total hours 312 + projects				
• Visioncircles	• Touch for Health (7 Ds Access course)	• 7 Dimensions of Intelligence	• Repeat Brain Gym 101	• Edu-K Consultant Accreditation Course
• Class hours 32 • Home study hours 16	• Class hours 30 • Home study hours 30	• Class hours 40 • Home study hours 22 Written test hours 8	• Class hours 32	• Class hours 56
Additional requirements for professional qualification & hours				
• Project	• Self-development sessions	• Practical applications advanced case studies	• Marketing materials	• Complete case studies
• Edu-K related project - open hours	• Session hours 30	• Home study hours 16	• Sample marketing materials project	• Submit all home study
Completion of Educational Kinesiology Consultant qualification				
• Sub-licence Agreement with the Educational Kinesiology Trust	• Certificate of Qualification	• Professional Member of the Educational Kinesiology Trust	• Professional insurance	• Continuing Professional Development

BRAIN GYM® 101 INSTRUCTOR: Professional Level 3

Qualified to: Deliver the Brain Gym® 101 course

Brain Gym® 101 Instructor Graduate Mentoring Programme				
Process				
• Brain Gym 101 Assist Teach Course	• Brain Gym 101 Graduation Course	• Assessment	• Recommendation	• Confirmation of qualification
<ul style="list-style-type: none"> • Assist teach with an accredited Brain Gym 101 Instructor 	<ul style="list-style-type: none"> • Co-teach at least 50% of the course with an accredited Brain Gym 101 Instructor 	<ul style="list-style-type: none"> • Mentor Instructor provides a written assessment of key points for discussion with the trainee 	<ul style="list-style-type: none"> • The recommendation is submitted to Faculty for final approval. 	<ul style="list-style-type: none"> • Confirmation of qualification by Faculty
Completion of Brain Gym® 101 Instructor qualification				
<ul style="list-style-type: none"> • Sub-licence Agreement with the Educational Kinesiology Trust 	<ul style="list-style-type: none"> • Certificate of Qualification 	<ul style="list-style-type: none"> • Professional Member of the Educational Kinesiology Trust 	<ul style="list-style-type: none"> • Professional insurance 	<ul style="list-style-type: none"> • Continuing Professional Development