



International Professional Training Programme

Educational Kinesiology Trust UK & Ireland

Official courses listed on international website www.braingym.org

LEVEL 1: BRAIN GYM® 26 MOVEMENT FACILITATOR

Licensed to: Teach the 26 Brain Gym Movements

Brain Gym 26 Movement Facilitator Training Programme		
Course 1	Course 2	Course 3
Courses 1 & 2 may be taken in any order		Home study to be completed prior to course
26 Brain Gym Movements Course Brain Gym 104	Balance for Daily Life Brain Gym 101	Brain Gym 26 Movements Accreditation Course Brain Gym 110
<ul style="list-style-type: none">• Class hours 16• Open to all	<ul style="list-style-type: none">• Class hours 32• Home study hours 31• Open to all	<ul style="list-style-type: none">• Class hours 24• Home study hours 26
To receive and maintain your Brain Gym 26 Movement Facilitator licence:		
<ul style="list-style-type: none">• Sign Sub-licence with the Educational Kinesiology Trust UK & Ireland	<ul style="list-style-type: none">• Become Professional member of Edu-K Trust	<ul style="list-style-type: none">• Complete CPD hours for ongoing licensing
Total courses & home study hours: 129		

LEVEL 2: EDUCATIONAL KINESIOLOGY CONSULTANT

Licensed to: Work one-to-one with Educational Kinesiology & Brain Gym sessions, deliver short Brain Gym seminars

Educational Kinesiology Consultant Training Programme				
Course 1	Course 2	Course 3	Course 4	Course 5
Optimal Brain Organisation Course 201	Touch for Health (7 Ds Access course)	7 Dimensions of Intelligence Course 301	Repeat Balance for Daily Life Course Brain Gym 101	Brain Gym Instructor Training Course 401
<ul style="list-style-type: none"> • Class hours 21 • Home study hours 18 	<ul style="list-style-type: none"> • Class hours 30 • Home study hours 30 	<ul style="list-style-type: none"> • Class hours 40 • Home study hours 22 • Written test hours 8 	<ul style="list-style-type: none"> • Class hours 32 	<ul style="list-style-type: none"> • Class hours 56
Complete prior to attending the Brain Gym Instructor Training:				
Receive sessions for personal development	Practical applications advanced case studies	Draft marketing materials	Edu-K project	Complete all case studies
<ul style="list-style-type: none"> • Session hours 30 	<ul style="list-style-type: none"> • Home study hours 16 	<ul style="list-style-type: none"> • Open hours 	<ul style="list-style-type: none"> • Open hours 	<ul style="list-style-type: none"> • Submit all case studies to course instructor
To complete and maintain your Educational Kinesiology Consultant licensing:				
<ul style="list-style-type: none"> • Sign Consultant Sub-licence with the Edu-K Trust 	<ul style="list-style-type: none"> • Professional Member of the Edu-K Trust 	<ul style="list-style-type: none"> • Professional Member of the Edu-K Trust 	<ul style="list-style-type: none"> • Professional insurance 	<ul style="list-style-type: none"> • Complete CPD requirements for ongoing licensing
Courses & home study hours: 303 + projects				

LEVEL 3: BRAIN GYM® 101 (BALANCE FOR DAILY LIFE) INSTRUCTOR

Licensed to: Deliver the Brain Gym® 101 course

Brain Gym® 101 Instructor Co-teaching Programme				
Assist and co-teach on two Brain Gym 101 courses				
Assist Teach Brain Gym 101 Course	Co-teach Brain Gym 101 Course	Assessment	Recommendation	Confirmation of qualification
<ul style="list-style-type: none"> Assist teach with an accredited Brain Gym 101 Instructor 	<ul style="list-style-type: none"> Co-teach at least 50% of the course with an accredited Brain Gym 101 Instructor 	<ul style="list-style-type: none"> Co-teach Instructor provides a written assessment of key points for discussion with the trainee 	<ul style="list-style-type: none"> Instructor report and recommendation is submitted to a Faculty member for licence approval 	<ul style="list-style-type: none"> Confirmation of new Instructor qualification by Faculty member
To complete and maintain your Brain Gym® 101 Instructor licensing:				
<ul style="list-style-type: none"> Sign Brain Gym Instructor Sub-licence with the Edu-K Trust 	<ul style="list-style-type: none"> Professional Member of Edu-K Trust 	<ul style="list-style-type: none"> Current Certificate of Qualification from the Edu-K Trust 	<ul style="list-style-type: none"> Professional insurance 	<ul style="list-style-type: none"> Complete CPD requirements for ongoing licensing
Teaching hours over two mentored Brain Gym 101 courses: Minimum 20				