



Internationally accredited Professional Training Programme

Educational Kinesiology Trust UK & Ireland

Affiliated to the Educational Kinesiology Foundation/Breakthroughs International
International website www.braingym.org

LEVEL 1: BRAIN GYM® 26 MOVEMENT FACILITATOR

Licensed to: Teach the Brain Gym 26 Movements course (Brain Gym 104)

Open to all

Brain Gym 26 Movement Facilitator Training Programme (3 courses)		
Course 1	Course 2	Course 3
Courses 1 & 2 may be taken in any order		Attend course 3 after courses 1 & 2
Brain Gym 26 Movements Course Brain Gym 104	Balance for Daily Life Brain Gym 101	Brain Gym 26 Movement Facilitator Training Brain Gym 110
<ul style="list-style-type: none"> Open to all Class hours 16 	<ul style="list-style-type: none"> Open to all Class hours 32 Home study hours 31 	<ul style="list-style-type: none"> Complete 26 movement case studies before attending the course - home study hours 26 Class hours 24 Proficiency evaluation & licence
To receive and maintain your Brain Gym 26 Movement Facilitator licence:		
<ul style="list-style-type: none"> Sign Sub-licence with the Educational Kinesiology Trust UK & Ireland 	<ul style="list-style-type: none"> Become Professional member of Edu-K Trust 	<ul style="list-style-type: none"> Complete 12 hours professional development every 2 years for relicensure
Total courses & home study hours: 129		